

NOTICE TO CEASE AND DESIST

From

Date _____

Re: Notice to Cease and Desist for Specific Activity

Dear _____,

I am writing this letter to formally demand that you immediately cease and desist from _____
_____. ("Activity").

Your actions are _____

Therefore, I demand that you immediately stop _____
_____,
and confirm in writing that you have done so within _____ of receiving this letter.

If you fail to comply with this demand, I will have no choice but to take legal action against you, which may include seeking an injunction, damages, and legal fees.

Please take this letter seriously and act accordingly. If you have any questions, please contact me at _____.

Sincerely,
